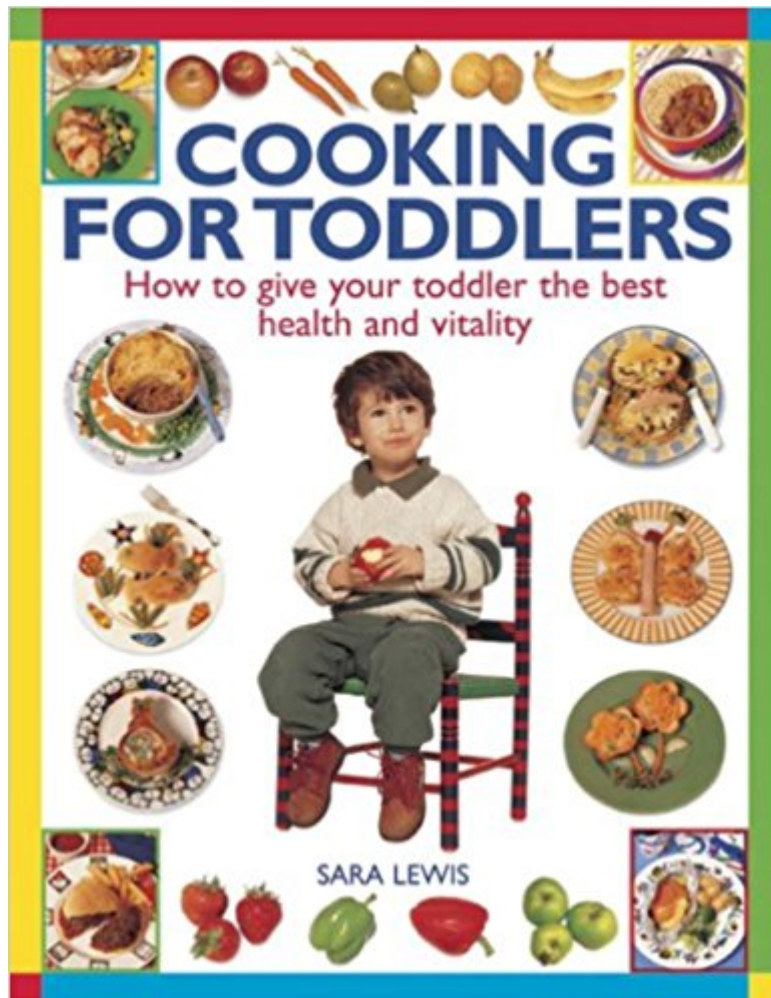


The book was found

Cooking For Toddlers: How To Give Your Toddler The Best Health And Vitality



Synopsis

Expert advice on nutrition and choosing the right foods, along with 70 recipes for everyday healthy eating that all young children are sure to enjoy.

Book Information

Paperback: 96 pages

Publisher: Southwater; Reprint edition (April 7, 2014)

Language: English

ISBN-10: 1846819784

ISBN-13: 978-1846819780

Product Dimensions: 9.1 x 0.4 x 11.7 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 3.3 out of 5 stars 3 customer reviews

Best Sellers Rank: #713,239 in Books (See Top 100 in Books) #122 in [Books > Cookbooks, Food & Wine > Special Diet > Baby Food](#)

Customer Reviews

Sara Lewis is a freelance food writer and home economist and a mother. She writes regular cooking features for leading food and parentcraft magazines, and is the author of several children's cookbooks.

In terms of cooking, your racial background and how you ate when you are growing up really changes how you cook. I am Japanese and my mother cooked a lot of stews and using only one pan in a small kitchen. It made me a bit nostalgic. This book is very easy to follow (only 4 to 6 steps) and it has tons of photographs so you know what you are making. It is a bit heavy on red-meat which you can replace with white meat or even tofu. Dishes always has protein and vegetables. I would add some kind of fruits with these dishes. Photograph colour and style is a bit old fashioned but the way they are presented is actually better than 10 other Toddler Cooking books I bought on .

Not what I expected. Recipes are boring. Horrible Ingredients like ketchup. The only reason why someone would buy his book is if they want presentation ideas. But you are better off buying a book on Japanese bento meals for kids.

I got this book originally in Portuguese while living in Brazil, and loved it from the very start. All of the

recipes show their respective pictures, which I love in a recipe book. Then I found it in English and now my sister-in-law is getting it for Christmas, I'm sure my little baby nephew will enjoy it as much as I did with my now 10-year-old daughter. The book features a number of "food" as well as "dessert" recipes. The instructions are easy to follow and most feature ingredients you may already have in your pantry. The book also gives great ideas on how to present meal in a fun and creative way. A great book, and pretty enough to give as a gift.

[Download to continue reading...](#)

Cooking for Toddlers: How To Give Your Toddler The Best Health And Vitality Toddler Diet: Nutrition and Balanced Diet for Toddlers(toddler cookbook, toddler nutrition, toddler meals, baby food cookbook, baby diet, recipes for children,toddler recipes,baby food recipes) Toddler Diet: Nutrition and Balanced Diet for Toddlers(toddler cookbook, toddler nutrition, toddler meals, baby food cookbook, baby diet, recipes for ... recipes,baby food recipes) (Volume 1) Parenting Toddlers: How to Deal with Misbehaving and Challenging Toddlers (Parents, Toddlers and discipline) Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern Cooking Recipes - Southern Cooking Cookbook Recipes Potty Training: A Simple Potty Training Success Guide (simple potty training, toddler behavior, how to potty train your child, parenting toddlers) Busy Toddler, Happy Mom: Over 280 Activities to Engage your Toddler in Small Motor and Gross Motor Activities, Crafts, Language Development and Sensory Play Vegan Toddler Cookbook With 30 Simple Recipes: Perfect For Young Kids And Toddlers Above 1 Year Old These Vegan Recipes Are Quick And Easy To Make Fabulous Coloring Book for Toddler Girls: Preschool Activity Book for Kids Ages 2-4, with Coloring Pages of Toys, Baby Animals, Cupcakes, and All ... (Large Coloring Book for Toddlers) (Volume 1) Fantastic Coloring Book for Toddler Boys: Preschool Activity Book for Kids Ages 2-4, with Coloring Pages of Toys, Animals, Trucks, Robots, and All ... (Large Coloring Book for Toddlers) (Volume 2) Coloring Books for Kids & Toddlers: Animals Coloring: Children Activity Books for Kids Ages 2-4, 4-8, Boys, Girls, Fun Early Learning, Relaxation for ... Workbooks, Toddler Coloring Book (Volume 1) Fruit and Veggie Smoothie Recipes: Fight Toddler Constipation, Increase Toddler's Fiber Intake and Help Picky Eaters 201 Organic Baby and Toddler Meals: The Healthiest Toddler and Baby Food Recipes You Can Make! Toddler Discipline: Effective Guide to Overcoming Toddler Tantrums. Build Positive Parent-child Relations and Reinforce Good Behavior. Toddler's Pirate Book! All About Pirates of the World - Baby & Toddler Color Books Jo Frost's Confident Toddler Care: The Ultimate Guide to the Toddler Years Natural Healing: The Total Health and Nutritional Program Reprogram Your Body to Fight Disease, Combat Aging, Gain Renewed Health and Vitality Recipes for Change:

Gourmet Wholefood Cooking for Health and Vitality at Menopause Testosterone for Life: Recharge Your Vitality, Sex Drive, Muscle Mass, and Overall Health (All Other Health) Cooking for One Cookbook for Beginners: The Ultimate Recipe Cookbook for Cooking for One! (Recipes, Dinner, Breakfast, Lunch, Easy Recipes, Healthy, Quick Cooking, Cooking, healthy snacks, deserts)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)